Requirements for Hachikyu- Yellow Belt

Name of Organization- Jukido Kai Sogo Budo

Name of Style- Eugue Ryu

Head Instructor of Both- Sensei Shane Topp (Judan- 10th Degree Black Belt) Minimum

Classes Trained- 24 Can tie your own belt

Pays Attention in Class Tool Familiarization- Shinai

Know your rank (**Kukyu**) and the rank you are testing for (**Hachikyu**)

Recite the Karate Creed- I come to you with only Karate- Empty Hands.

I have no weapons. But should I be forced to defend

myself, my principles, or my honor; should it be

a matter of life or death, of right or wrong,

then here are my weapons- Karate- Empty Hands.

Katas- Ichikyu Kata Practice- Uke Undo. Start Nikyu Kata

Terms- Ready Stance- **Yoi Dachi** Horse Stance- **Kiba Dachi**

Sumo Stance- **Shiko Dachi** Forward Leaning Stance- **Zenkutsu Dachi**

Upper Level Block- **Jodan Uke** Lower Level Sweep- **Gedan Barai**

Middle Level Block- **Chudan Uke**  Lunge Punch- **Oie Zuki**

Reverse Punch- **Gyaku Tsuki** Backfist- **Uraken**

Groin Kick- **Kin Geri** Front Kick- **Mae Geri**

Side Kick- **Yoko Geri** Eight Directions- **Happo**

Energy- **Ki** Shout of Spirit- **Kiai**

Teacher- **Sensei** Uniform- **Gi**

Belt- **Obi** Training Hall- **Dojo**

Start- **Hajime** Wait/Stop- **Mate**

Attention- **Kiotsuke** Bow (Respect)- **Rei**

Class Rank- **Kyu** Degree- **Dan** Forms-**Kata**

Upper Level-**Jodan**  Middle Level- **Chudan** Lower Level- **Gedan**

Count to 10 in Japanese- **Ichi, Ni, San, Shi, Go, Rokyu, Shichi, Hachi, Ku, Ju**

Judo-- Forward Breakfall- **Mae Ukemi** Side Breakfall- **Yoko Ukemi**

Backward Breakfall- **Ushiro Ukemi**

First Judo Technique**—** **O Soto Gari** (Major Outer Reaping) and variations

Jujitsu—Knee Lock Off-Balancing

\*This list can be modified per Sensei if need be based on student’s ability.