Requirements for Sankyu- Brown Belt

Must show improvement through all previous techniques.

Minimum Classes Trained- 70

Tool Familiarization- Yawara and Bokken

Katas- Pinan Sandan, Brown Belt Sanchin, Bokkudan

Practice- Naihanchi Yawara, Axe Kicks, Thai Shin Kick

Judo-

 Various Sacrifice Throws- **Sutemi Nage**

Aikido-

 Breathing Creation Throw- **Kokyu Dosa**

Rotary Throw- **Kaiten Nage**

Requirements for Nikyu- Brown Belt

Must show improvement through all previous techniques

Minimum Classes Trained- 70

Tool Familiarization- Hanbo and Nunchuka

Katas- Pinan Yodan, Naihanchi Nidan

Judo-

 Scooping Throw- **Sukui Nage**

Floating Drop- **Uki Otoshi**

Aikido-

 Aiki Drop- **Aiki Otoshi**

Redirection Throw- **Shuto Nage**

Inside Rowing Throw- **Irimi Shotei Nage**

**Randori** defense against multiple Bokken attacks.

Must teach numerous techniques to Sensei.