Requirements for Shodan- Black Belt

All techniques should show good kime and chikara.

Minimum Classes Trained- 80

Katas- Kusankyu, All Previous Katas Show Good Form and Skill

Yudansha Katas- Sanchin (all three levels), Tensho, Seoishin, Rokyusho

Must have passed a CPR and First Aid course.

Must have planned and taught a class.

Brown Belt Sanchin Demonstration

Self-Defense Demonstration against single and multiple opponents.