

REQUIREMENTS FOR HACHIKYU YELLOW BELT

Knowledge:

- Name of Organization > Jukido-Kai Sogo Budo
- Name of Style > Eugue Ryu
- Name of Head Instructor for both > Soke Shane Topp

First 3 Techniques of the Following Categories:

- Dachi (Stance)
- Uke (Blocks/Defense)
- Tewaza (Stikes/Hand Techniques)
- Keriwaza (Kicking Techniques)
- Ukemi (Breakfalls) *seated or kneeling

General Terminology:

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| -Dan (Degree) | -Kata (Forms) |
| -Dojo (Training Hall/Place of the Way) | -Kiai (Shout of Spirit) |
| -Gi (Uniform) | -Jodan (Upper Level) |
| -Kyu (Class/Class Rank) | -Chudan (Middle Level) |
| -Obi (Belt) | -Gedan (Lower Level) |
| -Rei (Bow/Respect) | -Sensei (Teacher) |

Count to Ten in Japanese:

Recite the Karate Creed:

Kata:

Kids:

- Ichi-Kyu

Adults:

- Ichi-Kyu
- Ni-Kyu

Blocking Exercises:

- Uke Undo